



Breakthrough: Why Doubt? Or Believing through Doubts...

Doubts can hit us a couple of ways... When Jesus asks us to do something that is hard or costs us something... We may ask:

1) *Is it worth it?*

2) *Is it true?*

But when you are hit with waves of doubt, remember this Foundation of our Faith; Remember: [The Resurrection of Jesus!](#)

⇒ Back in the day: [100%](#) of the disciples of Jesus had doubts!

Jesus doesn't [toss you out](#) if you [doubt](#)!

You can doubt and be a follower of Jesus [at the same time](#).

Doubt can lead to [discovery](#), to deeper greater faith.

But... If you *don't* deal with the doubt the right way:

Doubt can [take you out](#)!

✓ A case in point: Peter walking on the water. Matthew 14:31

✓ A theological challenge: John 6:53 (NLT) ⁵³ So Jesus said again, “I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you.

John 6:66-67 (NLT) ⁶⁶ At this point many of his disciples turned away and deserted him. ⁶⁷ Then Jesus turned to the Twelve and asked, “Are you also going to leave?”

John 6:68-69 (NLT) ⁶⁸ Simon Peter replied, “Lord, to whom would we go? You have the words that give eternal life. ⁶⁹ We believe, and we know you are the Holy One of God.”

✓ Mark 9:1-32

You'll never know what God [would have done](#) if you let doubt take you out! How tragic that would have been!

⇒ [Doubts](#) will come, but [truth](#) will stand.

Next Week: **Promises: *The Power of God's Promises* Psalm 18:30**

May's Memory Verse – *Your promises have been thoroughly tested;*

that is why I love them so much. Psalm 119:140 (NLT)

Monday 5/1- Read John 6:53-69

Question: *Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life. Vs. 68*

Truth: *We have come to believe and to know that you are the Holy One of God.” Vs. 69*

Meditate: *John 6:63 – The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life.*

Prayer: *Lord Jesus, sometimes you ask of me to do some very hard things, but I will do them even if I have doubts because you are the Holy One of God.*

Action: *Do whatever the Lord asks me to do.*

What does Jesus want ME to do:

Tuesday 5/2- Read Mark 9:1-13

Question: *What did God say to Peter, James and John during Jesus' transfiguration?*

Truth: *“This is my Son, whom I love. Listen to him!” Vs. 7*

Meditate: *Mark 9:10 – They kept the matter to themselves, discussing what “rising from the dead” meant.*

Prayer: *Lord, even after seeing you in your glory your closest disciples had doubts. Help me when I have doubts.*

Action: *Even when you don't understand a command of the Lord, Listen and obey!*

I will walk in faith today

by: _____

Wednesday 5/3- Read Mark 9:14-29

Question: *“If you can'?” said Jesus. “Everything is possible for one who believes.” Vs. 23*

Truth: *Immediately the boy's father exclaimed, “I do believe; help me overcome my unbelief!” Vs. 24*

Meditate: *James 1:6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.*

Prayer: *Jesus, Thank you for always hearing and answering my prayers. Today Lord I pray for...*

Action: *Pray what you believe and believe what you pray.*

What will please God today:

Thursday 5/4- Read Colossians 3:15-17

Question: *Why is it a good idea to use scripture when I pray?*

Truth: *I know I am praying in the Spirit when I am pray God's Word. (Eph. 6:17)*

Meditate: *Colossians 3:15-17- Notice the theme of giving thanks in every verse.*

Prayer: *Lord, I give thanks to you for you are good, your love endures forever. Psalm 118:1 (personalized)*

Action: *And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.*

Colossians 3:17

What God is telling me:

Friday 5/5- Read James 1:5-8

Question: *How should I pray in the Spirit to God?*

Truth: *I should pray with faith in God believing that He wants to bless me generously.*

Meditate: *Galatians 5:25 – Since we live by the Spirit, let us keep in step with the Spirit. Pray & Obey*

Prayer: *Father God, not my will be done, but your will be done. Lead me and guide me for your glory.*

Action: *In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. Matthew 5:16*

What I will do to bring glory to God:

Life Group Outline- Believing with Doubts

May's Memory Verse – *Your promises have been thoroughly tested; that is why I love them so much.* **Psalm 119:140 (NLT)**

Fellowship and Praises-

Take **20-35 minutes** as a group to share what God has been doing in your life. *Has anyone experienced a Break Through this week?*

Bible verse memorization: Write May's memory verse out by hand every day this week and think about the truth contained in this verse as you write it out.

Bible Study Exercise: Read John 6:53-69

Talk about a time when you doubted your knowledge, talents, abilities, or decision-making. What did you do to overcome your doubts?

During the message, Pastor Randy said, *"You can doubt and follow Jesus at the same time."* How does that statement challenge your understanding of the relationship between faith and doubt? In what ways do you find it freeing?

Talk about a time when you felt doubt because your circumstances weren't working out the way you thought they would. Why do you think we're tempted to doubt when God doesn't do what we want or expect?

Read Mark 9:1-29

Why is, *"I do believe, help me in my unbelief."* such an honest statement or prayer?

Share a time when you thought, *Is it worth it?* or *Is it true*, concerning your belief in God and Jesus?

The resurrection of Jesus is central to the heart of our faith. What gives you confidence that Jesus is alive and how does that help dispel any other doubts about God or the Bible that you might have?

Share if God asking me to do something special, but I am having doubts about why He would pick me to do it?

Prayer Time- remember your 5

Going Deeper: Read Psalm 119:137-152

My eyes stay open through the watches of the night, that I may meditate on your promises. Vs. 148

Real Application: Doubts will come, but truth will stand.

