



## Finding Freedom from the Flesh

### Colossians 3:1-4

What you think on, you start to resemble.

Understand that desires lead to deeds!

Psalm 19

1 Corinthians 2:9

Romans 8:18

### Colossians 3:5

Notice: there's a time when it's good to KILL!

– Paul says greed leads to false worship:

### Practical Principles:

1) Do something positive to overcome the negative – Rom. 12:21

✓ Giving is an antidote to greed...

2) Do a heart checkup. Psalm 51:10

Galatians 5:24 - Sinful nature = *Sarx* – carnal nature, the flesh.

Galatians 5:25

3) Learn to be content with what you have... I Timothy 6:6

4) Learn to steward your resources with wisdom. Take the **FPU**!

### Colossians 3:6

2 Peter 3:3-10

2 Peter 3:9 (NIV) The Lord is not slow in keeping his promise, as some understand slowness. He is patient with you, **not wanting anyone to perish**, but *everyone* to come to repentance.

### Colossians 3:7

### Colossians 3:8-9

### Colossians 3:10-11

⇒ Finding freedom from the *sarx* and living for God in the Spirit is a process

Next Week: Colossians 3:12-17

**Dress for Success** – The Character of a Christian

## Who is Jesus- Finding Freedom from Legalism

**October's Memory Verse**– *We proclaim him, admonishing and teaching everyone with all wisdom, so that we may present everyone perfect in Christ. Colossians 1:28 (NIV)*

### Monday 10/31- Read Colossians 3:1-4

**Question:** As a Christian what should be my heart's desire?

**Truth:** *Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.*

**Meditate:** Colossians 3:2- *Set your minds on things above, not on earthly things.*

**Prayer:** Father God, my heart is yours, my life is yours.

**Action:** Give the desires of your heart and set your mind on Jesus. What does God want me to do:

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### Tuesday 11/1- Read Colossians 3:5-11

**Question:** What in my life must I put to death?

**Truth:** *Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. Vs. 5*

**Meditate:** Colossians 3:6– *Because of these, the wrath of God is coming.*

**Prayer:** Lord with your help I know I can change both my desires and my deeds. Give me your desires for my heart.

**Action:** Put to death my earthly nature.

What God wants me to stop doing:

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### Wednesday 11/2- Read Psalm 19:1-14

**Question:** *But who can discern their own errors?*

*Forgive my hidden faults.*

**Truth:** *Keep your servant also from willful sins; may they not rule over me. Then I will be blameless, innocent of great transgression.*

**Meditate:** psalm 19:1- *The heavens declare the glory of God; the skies proclaim the work of his hands.*

**Prayer:** *May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer. Vs. 16*

**Action:** *do not live according to the flesh but according to the Spirit.* What God is telling me:

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### Thursday 11/3- Read 2 Peter 3:1-9

**Question:** What was the purpose of Peter's second letter?

**Truth:** *Dear friends, this is now my second letter to you. I have written both of them as reminders to stimulate you to wholesome thinking. Vs. 1*

**Meditate:** 2 Peter 3:9- *The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.*

**Prayer:** Lord God, you blessed me with the waters of baptism and have given me new life in Christ.

**Action:** Invite your family and friends to come learn about the blessings of knowing Jesus.

Who will I invite to church:

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### Friday 11/4- Read 2 Peter 3:10-18

**Question:** *Since everything will be destroyed in this way, what kind of people ought you to be? Vs. 11*

**Truth:** *You ought to live holy and godly lives as you look forward to the day of God and speed its coming. Vs. 12*

**Meditate:** 2 Peter 3:14 - *So then, dear friends, since you are looking forward to this, make every effort to be found spotless, blameless and at peace with him.*

**Prayer:** Father God, thank you for your promise of a new heaven and a new earth, where righteous dwells.

**Action:** *But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen. Vs. 18*

What God is telling me:

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## Life Group Outline- Who is Jesus, Why does it matter?

### Fellowship and Praises-

Take **20-30 minutes** to share what God has been doing in your life this last week.

Bible verse memorization: *For God wanted them to know that the riches and glory of Christ are for you Gentiles, too. And this is the secret: Christ lives in you. This gives you assurance of sharing his glory.* Colossians 1:27 (NLT)

### Bible Study Exercise: Read Colossians 3:1-4

Take 5-10 minutes to discuss heavenly things and what it will be like to share in Jesus' glory.

**What do I have to do** to set my *heart* and *mind* on things above and not on earthly things?

### Read Colossians 3:5-11

How does being content and generous help me from being greedy?

Discuss putting to death Paul's first list; sexual immorality, impurity, lust, evil desires and greed.

What are you doing to rid yourself of Paul's second list; anger, rage, malice, slander, filthy language and telling lies?

We overcome evil *by doing good*. Why is it important to replace the fleshly behavior with living in the Spirit?

How am I living out the spiritual desires Jesus has for my life?

### Prayer Time-

### Going Deeper: Read 2 Peter 3:1-18

*But in keeping with his promise we are looking forward to a new heaven and a new earth, where righteousness dwells.* 13

**Real Application: Living in the Spirit is a process.**