



“Jonah”

Randy Watson 6/13/21

Jonah 2 - Overturned - The Way Up is Down

Jonah's Deliverance By God

1. God sent a Storm. Jonah 1:4
2. God sent a Captain/Sailors - “Pray to your God”. 1:3
3. Jonah is thrown overboard. Jonah 1:4-14
4. God sent a fish. Jonah 1:17
5. Jonah is saved - God orders the fish to spit him out. J 1:15-17

⇒⇒⇒ **Apologetics** - the study of Reasons to Believe
Text _____ for list of recommended books

Jonah's Prayer: Jonah Chapter 2

Jonah hits bottom and prays! 2:1

Is prayer a last or first resort for you?

v2:2-7 Honest prayer has great results

v8 - Are they any false idols you have trusted you need to drop?

v2:9 Sometimes the way UP is down ... James 4:10

v2:10 Salvation comes from the Lord

✓ **When you follow Jesus, you find true Life.**

TALK IT OVER

Discuss these questions with someone – maybe a family member, friend, or member of your LifeGroup. Use a communication method that works best for your situation.

-
- What is the biggest fish you have ever caught?
 - Share if God put you through a trial so he could get your attention.
 - What about God’s character can help you when you are worried about your life?
 - Share when surrendering to God brought you victory.
 - Are you in a storm or situation now that is causing you to look up to Jesus as your answer?
 - How will you overcome your fear when God asks you to do something that scares you?
 - Praise God for who He is and what He has done for you.

Jonah 2: The Way Down is the Way Up

June's Memory Verse – *Your promises have been thoroughly tested; that is why I love them so much.* **Psalm 119:140**

Monday 6/14- Read Mark 1:35-39

Question: What do you think Jesus was praying about during those regular times alone with God?

Truth: *Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.* Vs.35

Meditate: Spend some time communicating to God with the desire to learn His will for you.

Prayer: Lord, I am willing to do as you desire. Instruct me so I may do your will.

Action: Pray to understand God's will for my life.

What is God instructing me to do: _____

Tuesday 6/15- Read Matthew 6:5-15

Question: Rather than pray to impress people, how should I pray?

Truth: *But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.* Vs. 6

Meditate: Matthew 6:8- *Do not be like them, for your Father knows what you need before you ask him.*

Prayer: “Our Father in heaven, hallowed be your name, your kingdom come,

your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Action: Throughout the day stay connected to God in prayer.

What “need” will I bring to God in prayer: _____

Wednesday 6/16- Read James 5:13-20

Question: How should we communicate to God in both the good times and the bad?

Truth: *Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise.* Vs. 13

Meditate: James 5:20- *remember this: Whoever turns a sinner from the error of their way will save them from death and cover over a multitude of sins.*

Praise: Lord you are worthy of all praise and glory. Thank God for some of the blessing He has given you.

Action: *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.* Vs. 16

Things I'm thankful for: _____

Thursday 6/17- Read Colossians 4:2-6

Question: Who is someone I could ask to pray for me?

Truth: Paul asked for prayer: *Pray that I may proclaim it clearly, as I should.* Vs. 4

Meditate: Colossians 4:2 - *Devote yourselves to prayer, being watchful and thankful.*

Prayer: Lord give me courage to speak to my neighbors about the blessings you have given to me.

Action: *Be wise in the way you act toward outsiders; make the most of every opportunity.* Vs. 5

What God is telling me: _____

Friday 6/18- Read Matthew 9:35-38

Question: What did Jesus feel when he saw the crowds?

Truth: *When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.* Vs. 36

Meditate: Matthew 9:37- *Then he said to his disciples, “The harvest is plentiful but the workers are few.*

Prayer: Father God, give me a heart like Jesus' so I will be compassionate to lost people.

Action: *Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”*

Who will I share God's love with today: _____