

+"Win the War in Your Mind"

Randy Watson 11/14/21

Win The War in Your Mind #2: Take Your mind back

1. Don't trust in your own thinking.

Proverbs 3:5

2. Don't think like the world thinks.

Romans 12:2a

3. Train your mind to think like God thinks.

Romans 12:2

a. Memorize key scriptures.

Psalm 119:11 / Phil 4:13

⇒ Your life is always moving the direction

of your strongest thoughts ←

b. Meditate on those scriptures.

Phil. 4:8

What comes into your mind comes out in your life.

You cannot have a positive life with a negative mind.

c. Use them in prayer and life.

2 Cor. 10: 3-5

Personal Application: Repeat the above daily

✓ When you follow Jesus, you find true Life. TALK IT OVER

Discuss these questions with someone – maybe a family member, friend, or member of your LifeGroup. Use a communication method that works best for your situation.

• Share something good that happened to you today.

• **Read Romans 12:1-2** How does serving others change the way you think and feel about yourself?

Why does studying scripture, singing songs of praise and serving others help you understand God's will for your life?

• **Read Philippians 4:13** When do I rely on God to help me; when I can't do something or before I start something new?

What I'm I trying to accomplish with God's help at this time?

- **Read Proverbs 3:5-6** What are you dealing with today that you need to surrender to God?
- **Read Philippians 4:8** How did focusing on this verse daily last week change how you think and live?

November's Memory Verse – *Now the Lord is Spirit, and wherever the Spirit of the Lord is, there is freedom.* 2 Cor. 3:17 NIV

Monday 11/15- Read Matthew 20:22-28

Question: Specifically, who is Jesus asking me to serve?

Truth: Instead, whoever wants to become great among you must be your servant, Vs.26

Meditate: Matthew 20:28- just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Prayer: Lord, show me where you want me to serve and empower me to do it joyfully.

Action: ...serve one another humbly in love. Galatians 5:13

Who is God asking me to serve in love:

Tuesday 11/16- Read Mark 12:29-31

Question: How would someone know by examining my life that this two-part commandment is the driving force in my life?

Truth: I have learned to love God and love others by....

Meditate: Mark 10:45 - For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Prayer: Lord, help me to show my love in a practical way by serving others.

Action: Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. 1 peter 4:10

| I can serve one of my neighbors by: | |
|-------------------------------------|--|
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Wednesday 11/17- Read Romans 12:1-2

Question: How is serving others a way of "offering your body" to God??

Truth: Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Vs. 1

Meditate: Romans 12:11- *Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.*

Praise: For from him and through him and for him are all things.

To him be the glory forever! Amen. Romans 11:36

Action: Do not be overcome by evil, but overcome evil with

good. Romans 12:21

What God is telling me:

Thursday 11/18- Read Matthew 25:31-46

Question: 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink?

Truth: "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' Vs. 40

Meditate: Matthew 25:34- "Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world.

Prayer: Lord, I will love and serve you by loving and serving others.

| Action : Loving | God by | loving | others |
|------------------------|--------|--------|--------|
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What God is asking me to do:

Friday 11/19- Read John 13:34-35

Question: What opportunities am I finding to love and serve one another?

Truth: "A new command I give you: Love one another. As I have loved you, so you must love one another.

Meditate: John 13:35- By this everyone will know that you are my disciples, if you love one another."

Prayer: Father God, I will glorify your Name by loving others.

Action: *Be devoted to one another in love.*

Honor one another above yourselves. Romans 12:10

Who will I share God's love with today: