

ATM#1: Forgiveness | Randy Watson - 8/14/22

A Beautiful Day in the Neighborhood

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. **Ephesians 4:31-32**

“unforgiveness is choosing to stay trapped in a prison of bitterness, serving time for someone else's crime.”

“holding a grudge doesn't make you strong, it makes you bitter. Forgiving doesn't make you weak. It sets you free.” David Willis.

Waypoints of Action Personally: Mr. Rogers asked Lloyd to do a one minute exercise to think about all the different people who impacted his life along the way. Take a moment and think about all the people on your journey, **the most loving people**, and even *those who hurt you* or let you down, *all the people who helped shape you into being the person that you are today. then -*

- Pray for the person who came to your mind as the Lord leads.

TALK IT OVER

Discuss these questions with someone – maybe a family member, friend, or member of your LifeGroup. Use a communication method that works best for your situation.

1. What's your favorite movie or TV genre and why?
2. What was your favorite genre growing up as a child? Can you share an impact one of your favorite shows had on you growing up?
3. In the movie, we learned Mr. Loyd was having a hard time forgiving his dad. How have you struggled forgiving?
4. Read Ephesians 4:31-32. How do you get rid of the stuff in v31 so that you can experience v32?
5. In Luke 6:28 Jesus said to **“bless those who curse you, pray for those who hurt you.”** Do you agree with the statement: **“my prayer for others may or may not change them, but it *always* changes me”**? Why or why not?

Pray: Read, and take some time to pray for one another.

Memory Verse for August: Ephesians 4:32

